

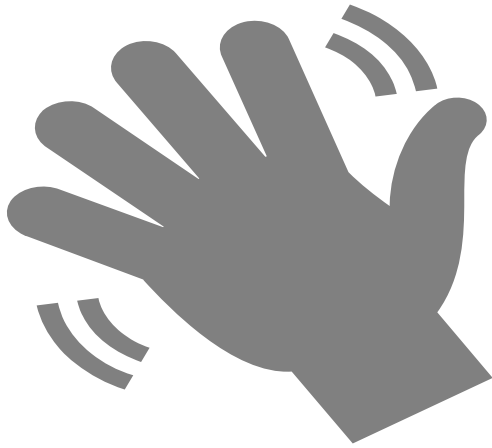
Demonstrate Your Commitment to Workplace Mental Health

Tuesday, October 8, 2024





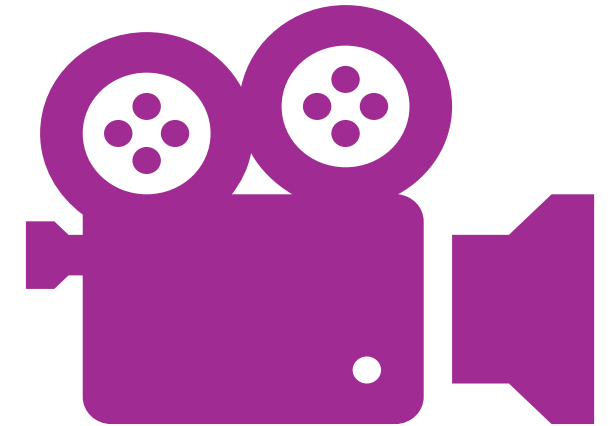
Before We Get Started



Introduce yourself in the chat box – tell us what organization you're with



Technical issues?
Message Lisa Silverman



We're recording – you'll get the link later this week.





About URAC

We have **nearly 35 years of experience** as an accreditor

We believe in growth through **education and quality improvement**

We understand that **excellence looks different** in every organization

We know **partnerships are the key** to our work

Our Partners





What Brings Us Together Today





Why This Matters Now



World Mental Health Day

It is Time to Prioritize Mental Health in the Workplace

Conversations about stress and mental health are taking place all around us

The next generation of the workforce expects employees to care about their mental health





Mental Health at Work: By the Numbers

23%

- Adults reported one or more mental health conditions in 2021

\$1T

- Productivity lost due to depression and anxiety every year

62%

- Missed work days attributed to mental health condition

\$1

- Investment in mental health treatment and support of disorders sees a \$4 return

90%

- Employees believe employers have a responsibility to support mental health

86%

- Employees want open dialogue about mental health





What Is Accreditation?

Independent Review

Verification of Quality

Audit Quality Assurance

Education





Mental Health at Work Accreditation Overview

Program Purpose

- ***Provide recognition*** to organizations prioritizing mental health at work
- ***Promote growth*** in mental health awareness and strategies for employers

How Accreditation Works





Six-Month Application Process

Application

Online
submission

Support desk
and tools

Desktop Review

Look at your
policies and
offerings

Opportunity to
ask for more
information

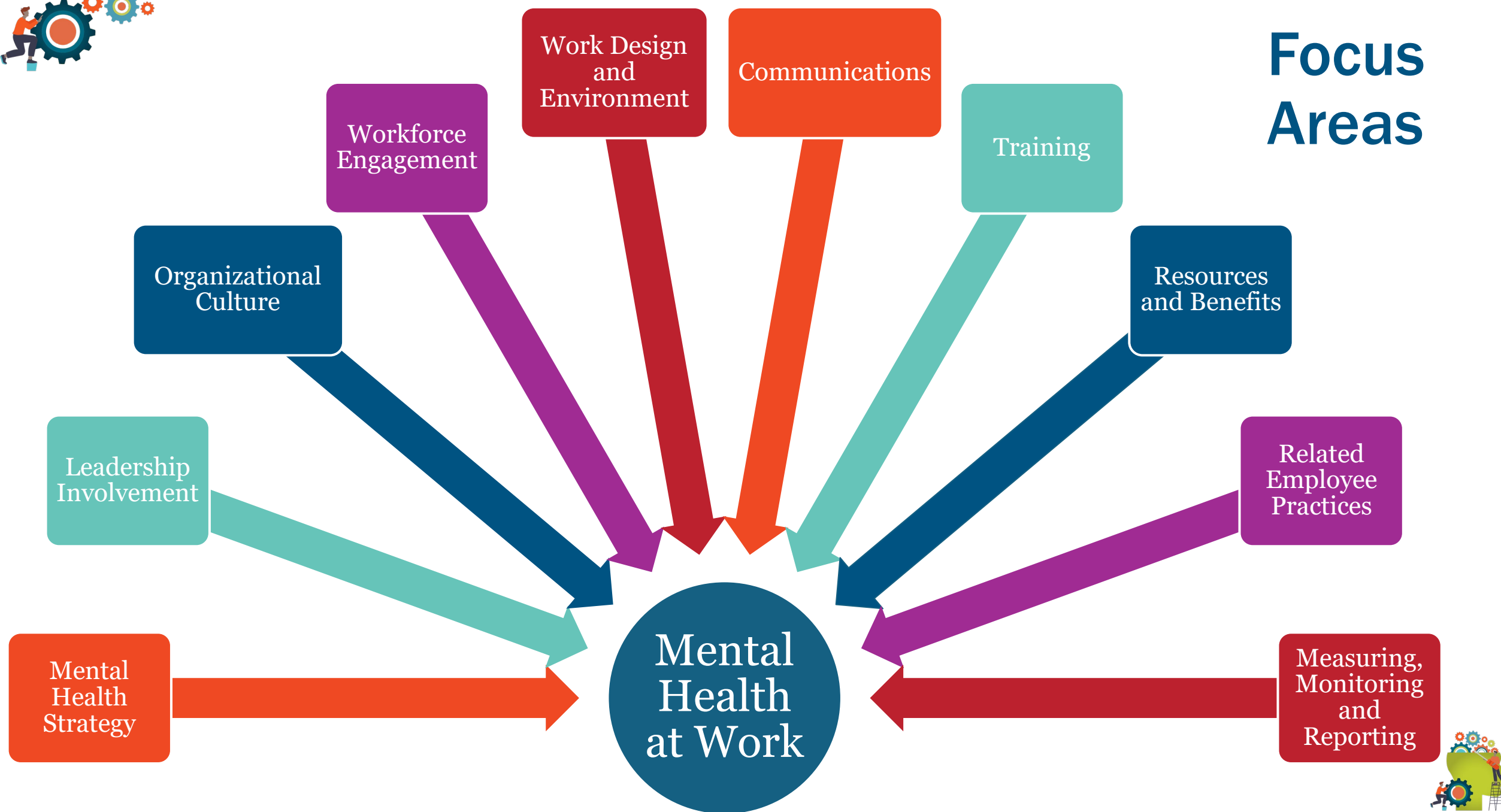
Validation Review

Talk to your
team

Learn and
share best
practices



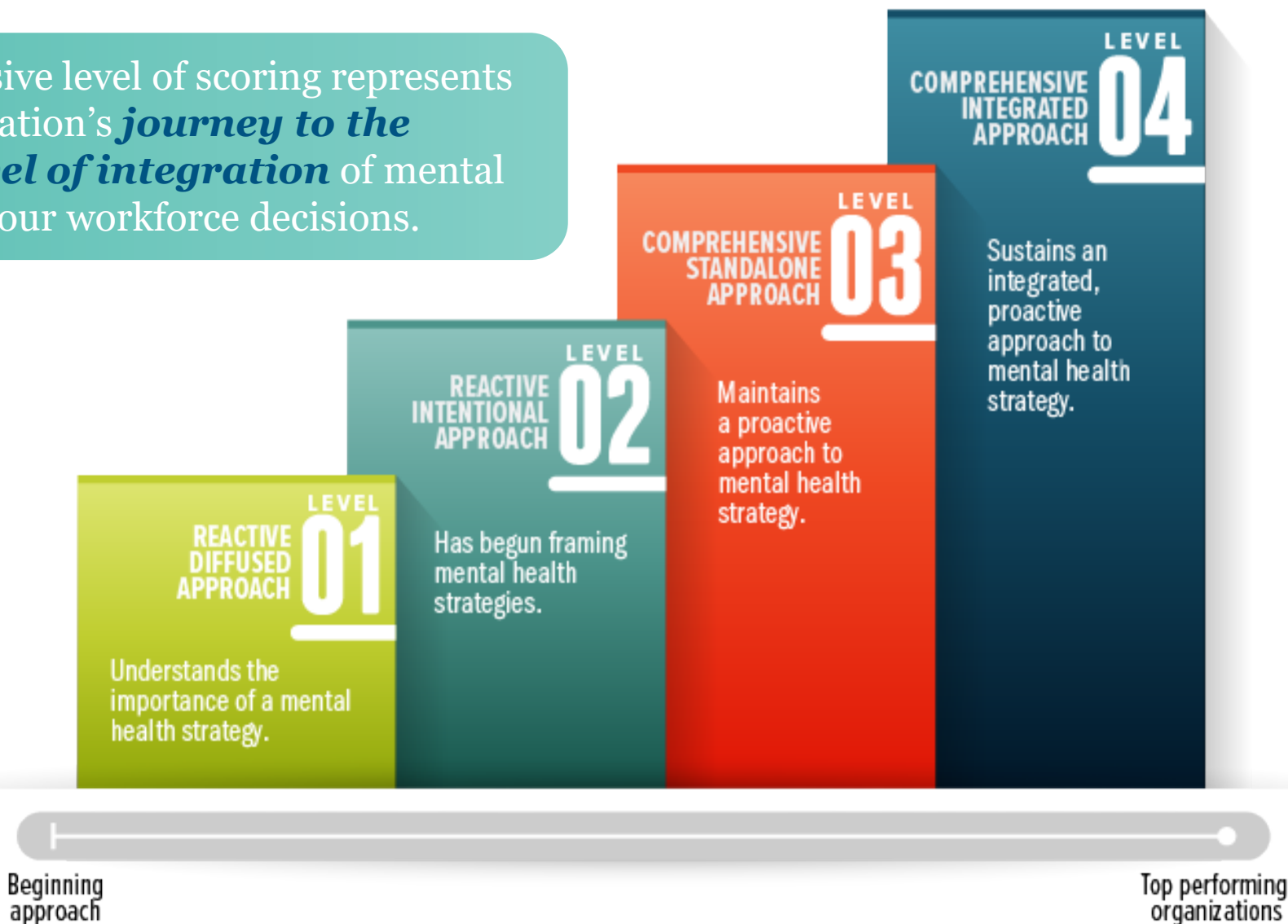
Focus Areas





Scoring Overview: Levels

Each successive level of scoring represents your organization's ***journey to the highest level of integration*** of mental health into your workforce decisions.





Using Your Accreditation

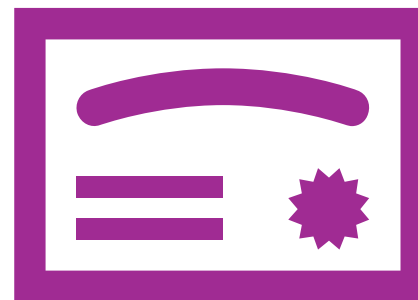
*Continued support and collaboration
from URAC includes*



Internal comms
plan for your
retention efforts



Assistance with
external messaging,
including recruiting



Personal delivery of
your award from our
President and CEO



Press release and PR
support for your
organization





**Questions?
Want More Info?**





Next Steps

Mental Health at Work Accreditation



Laura Wood: LWood@urac.org

www.urac.org/MentalHealthatWork

Ready to Talk?



Find a time to meet with Laura





References

- NAMI: *Mental Health by the Numbers*
 - <https://www.nami.org/about-mental-illness/mental-health-by-the-numbers/>
- US Chamber of Commerce Foundation: *It Starts at the Top*
 - <https://www.uschamberfoundation.org/emerging-issues/it-starts-top-address-mental-health-employees>
- World Economic Forum: *It's Time To End the Stigma Around Mental Health in the Workplace*
 - <https://www.weforum.org/agenda/2019/05/its-time-to-end-the-stigma-around-mental-health-in-the-workplace/>
- One Mind at Work: Building the Future of Workplace Mental Health
 - <https://onemindatwork.org/>

